

**SPRINGFIELD CITY SCHOOLS  
EMMANUEL SCHOOL BREAKFAST MENU**

**October 2018**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Wk 4	<b>1</b> Apple Cinnamon Bar Cinnamon Toast Crunch Apple Juice Applesauce Cup Milk	<b>2</b> Banana Muffin Peach Cup Apple Juice Milk	<b>3</b> Golden Grahams Apple Nutrigrain Bar Wild Watermelon Cup Orange Juice Milk	<b>4</b> Strawberry Oatmeal Bar Cocoa Puffs Pear Cup Apple Juice Milk	<b>5</b> Apple Cherry Bar Applesauce Cup Apple Juice Milk
Wk 1	<b>8</b> Chocolate Chip Muffin Apple Juice  Applesauce Cup Milk	<b>9</b> Breakfast Berry Bread Apple Juice  Pears Milk	<b>10</b> Trix Cereal Oatmeal Choc Chip Bar  Orange Juice Peach Cup Milk	<b>11</b> Blueberry Nutrigrain Bar Golden Grahams  Apple Juice Applesauce Cup Milk	<b>12</b>  <b>Professional Development Day</b>
Wk 2	<b>15</b> Apple Cinnamon Bar Cinnamon Toast Crunch Apple Juice Applesauce Cup Milk	<b>16</b> Banana Muffin Peach Cup Apple Juice Milk	<b>17</b> Golden Grahams Apple Nutrigrain Bar Wild Watermelon Cup Orange Juice Milk	<b>18</b> Strawberry Oatmeal Bar Cocoa Puffs Pear Cup Apple Juice Milk	<b>19</b> Apple Cherry Bar Applesauce Cup Apple Juice Milk
Wk 3	<b>22</b> Chocolate Chip Muffin Apple Juice Applesauce Cup Milk	<b>23</b> Breakfast Berry Bread Apple Juice Pears Milk	<b>24</b> Trix Cereal Oatmeal Choc Chip Bar Orange Juice Peach Cup Milk	<b>25</b> Blueberry Nutrigrain Bar Golden Grahams Apple Juice Applesauce Cup Milk <b>No School TK-6th</b>	<b>26</b>  <b>P/T Conferences No School PK-12</b>
Wk 4	<b>29</b> Apple Cinnamon Bar Cinnamon Toast Crunch Apple Juice Applesauce Cup Milk	<b>30</b> Banana Muffin Peach Cup Apple Juice Milk	<b>31</b> Golden Grahams Apple Nutrigrain Bar Wild Watermelon Cup Orange Juice Milk		

Menu subject to change without notice. “This institution is an equal opportunity provider and employer.”