

Emmanuel Christian Wrestling Club

All Practices held at:

2177 Emmanuel Way

Springfield, OH 45502

E.C. c/o Mr. Meisner Club Director

**2015-2016 Emmanuel Christian Wrestling Club**

**Registration**

( Boy's K - 6<sup>th</sup> grade )

Wrestler's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Child shirt size (circle one): S M L XL or Adult shirt size (circle one): S M L XL

I, parent of the above named person, hereby give my consent to participate in any or all of the activities of Emmanuel Christian Wrestling Program. I understand that the E.C. Wrestling Club is not considered part of the E.C.A. athletics program or associated with E.C.A. but follows the guidelines as set for clubs in the school. I assume all risk and hazards incidental to the conduct of activities and transportation to and from activities. I do further hereby resolve, absolve, indemnify and hold harmless Emmanuel Christian, its Board, its organizers, sponsors, coaches and officials appointed by them.

\_\_\_\_\_  
Signature of Parent/Guardian

**Cost: \$55.00 registration fee. Includes: Club T- shirt (keep), USA Wrestling Card, MVKWA Card, entry fees to tournaments, and use of (turn in at end of season) headgear, team singlet and hoodie. Registration and fee must be turned in by Tuesday, November 3<sup>rd</sup> to the ECA office or Mitch Meisner. ( please make checks payable to E.C.A. )**

**Emergency Medical Information**

Parent's Name \_\_\_\_\_

Child's Doctor \_\_\_\_\_

Other than the parents at home, who do we contact in case of an emergency?

1. Name \_\_\_\_\_ Phone \_\_\_\_\_

/2. Name \_\_\_\_\_ Phone \_\_\_\_\_

Is the above named child allergic to any medications? \_\_\_\_\_

List any physical conditions we should be informed of, i.e. asthma, diabetes, epilepsy \_\_\_\_\_

**Emmanuel Christian Lions Wrestling Club** (boys grades K-6<sup>th</sup>)

**Purpose:** To learn the skills and techniques in the sport of wrestling. In doing so, developing and demonstrating Christ-like character qualities of: initiative, persistence, diligence, courage, fairness, honor, responsibility, self-confidence and self-control. Winning is to be kept in the proper perspective by kids, coaches and parents. This should be a fun experience for the kids!

**Association:** Affiliated with, Miami Valley Kids Wrestling Association (MVKWA), which has over 57 active clubs in the Greater Miami Valley area. Over 2000 wrestlers from K-7<sup>th</sup> grade participate in the sport.

**Participants:** Boys in grades K- 6<sup>th</sup> grade. The club accommodates “first time” up to highly skilled wrestlers. Our club is a **ministry**, open to all boys, regardless of attendance to E.C.A. School.

Wrestling is a physical sport, yet participation by wrestlers as young as Kindergarten is very common in our association, just as it is in youth T-ball, soccer, etc. The key for any young participant in sports is that the youngster has the desire to be in the sport.

**Practice Schedule:** The **Full** practice schedule is attached(**Devotions at every practice**).

**First day of practice Tuesday, November 10<sup>th</sup>.**

**Second day of practice Thursday, November 12<sup>th</sup>.**

Attendance at **all** practices and competitions is **not** mandatory.

**Parent Meeting – Monday November 9<sup>th</sup>** at 6pm in the ECA cafeteria. Uniforms and headgear will be passed out **AFTER** the MEETING. Parents please bring your wrestlers to the meeting so they can be fitted with a uniform and headgear.

If school is cancelled due to inclement weather, then wrestling club will be cancelled for that day as well.

The **competition schedule** will consist of 6 tournaments. The full competition schedule will be handed out at the **Parent Meeting**. Tournaments are held on Sundays normally starting at 1:00 and lasting about 3 hours. Tournament participation is optional.

**Matches:** Wrestlers are paired in groups of (4) according to age, weight, experience and record. A wrestler will compete against each of the other (3) wrestlers in his group. Each match is (3) one minute periods.

**How to Sign-Up:** - Return the **registration** form with cash or check payable to ECA to Mr. Meisner or drop off at the ECA office by **Tuesday November 3<sup>rd</sup>**. **Copy of birth certificate:** If you turned one in last season or a previous season then we already have yours (don't turn in). All others please turn in a copy of your birth certificate with registration. (questions: call Mr. Meisner 390-9173/e-mail mmeisner@ecaoh.com)

- All wrestling practices are in the E.C.A. cafeteria from 6pm to 7:30pm.

# E.C. Wrestling Club Practice Schedule

(see competition schedule for more details on tournaments)

November						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	9 Parent Meeting	10 First day of wrestling Practice		12 Wrestling Practice		
		17 Wrestling Practice		19 Wrestling Practice	20 Outing OSU vs Arizona State wrestling dual	
		24 Wrestling Practice				

2015

December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Wrestling Practice			4 Wrestling Practice	
		15 Wrestling Practice		17 Wrestling Practice	11 Wrestling Practice	

2015

Tourn. at Graham H.S.

January						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		5 Wrestling Practice		7 Wrestling Practice		
10 Tourn. at Northwestern H.S.		12 Wrestling Practice		14 Wrestling Practice/Push-up-athon		
		19 Wrestling Practice		21 Wrestling Practice		
24 Tourn. at Wayne H.S.		26 Wrestling Practice		28 Wrestling Practice		

2016

February						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2 Wrestling Practice/Push-up pledges due		4 Wrestling Practice		
		9 Wrestling Practice		11 Wrestling Practice		
		16 Wrestling Practice		18 Wrestling Practice		
		23 Wrestling Practice		25 Wrestling Practice		

2016

Kettering Tourn. at Trent Arena

MVKWA Regional Tourn. at Stebbins H.S.

MVKWA Championship Tourn. at W.S.U. Nutter Center

End of Season Banquet (6pm-7:30pm in the E.C.A. cafeteria)

# EC Wrestling Club

## Outing

OSU vs Arizona State

(Wrestling Dual)

Location: Ohio State University (ST. John Arena)

Date: 11/20/15 (Friday)

Time: wrestling starts at 7:00pm

More detailed information will be handed out during the season.

The OSU Wrestling Team were National Champions last year.



**WRESTLING**

